



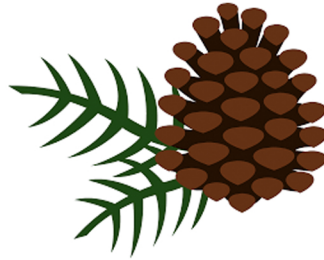
A Rainbow Adventure with Sfida Session 10

Hidden Nature

You will need:

- A pillow case filled with things that you could find outside such as bark, pine cone, feather etc.

Sfida wants you to guess what is inside the pillow case. Feel without looking and then go into your garden and then see if you can find what you think was in the pillow case.



Exciting Explorers

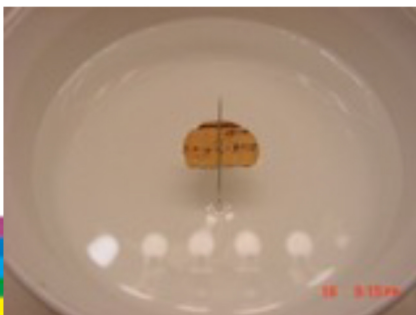
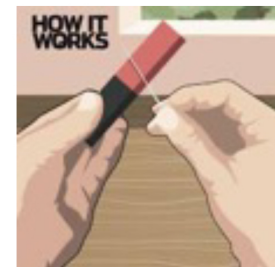
Sfida has been reading about the famous explorer Amelia Earhart, the first woman to fly across the Atlantic. To do this she used a compass. Sfida would like you to make your own compass out of a cork, needle and a magnet.



Firstly - you need to get an adult to push the needle through the cork.

Secondly - rub your magnet in one direction on the needle

Thirdly - place the cork in a bowl of water and the now magnetic needle will point to North.



Post your work on Facebook so that we can let your leaders know you took part!