



A Rainbow Adventure with Sfida Session 11

Signs of the Sun Skills Builder

You will need:

- Paper plate
- Pencil/stick
- Pens

Sfida would like you to create a sundial to tell the time. To do this you need to place a pencil or a stick in the centre of a paper plate. Once you have done this place it in the sun and look at the time. Draw a mark where the pencil is creating a shadow and right the number that the time is next to it. Every hour go out and make another mark with a new number and at the end of the day you will have a sun clock.



Once you have made your sun clock have a look at your shadow on the ground and the shape it makes. Does it make you look taller?



Wrap up warm Skills Builder

Sfida would like you to write a song to the tune of 'row row row your boat' to remind you to keep warm. To do this Sfida would like you to think about what sort of things you need to wear when it is snowing, what do you wear when it is raining and what do you wear when it is really sun outside?

Post your work on Facebook so that we can let your leaders know you took part!