



## Express Myself - Skills Builder Communicate Stage 4



### Lemonade Scones

You will need:

- 225g SR flour
- 125ml double cream
- 125ml lemonade
- A bowl
- A metal spoon
- A rolling pin
- a round cutter
- baking tray
- cooling rack



- Preheat the oven to 200oC
- Put flour in large mixing bowl. Make a small well in the centre.
- Add double cream to the well.
- Pour lemonade into centre.
- Mix with a metal spoon to form a dough.
- Sprinkle a little flour onto a clean surface or mat. Tip mixture out.
- Roll out to 2-3cm thick. Use a cutter to cut out 8 circles.
- Place on baking tray. Cook for 15 minutes or until golden.
- Place on wire rack to cool.
- Enjoy with butter, jam or chocolate spread!

### Bad Chatter's Tea Party

Ears at the ready for this teaparty with a twist - what makes a first-class listener? See if you can keep the conversation flowing. You'll learn to listen effectively and understand barriers to listening.

You will need:

- At least one other person
- a timer
- tea & biscuits - or your scones!

1. Brainstorm 10 topics you could have a quick conversation about - e.g. favourite film, pizza toppings, virtual school work.
2. Virtual tea party - go and grab a drink & a biscuit?
- 3.a. In your pair choose one person to be the LISTENER and one to be the SPEAKER  
b. The speaker tells their listener about the topic. Listeners must NOT speak and must keep a straight face - 30 seconds.  
c. Then, the Listener becomes the speaker, and recall what the speaker said in as much detail as possible and repeat it back - in 30 seconds - as accurately as possible.
4. What are your top tips for listeners to encourage the speakers, without interrupting? e.g. nod, maintain eye contact etc.