

# Express Myself - Skills Builder Communicate Stage 4



## Being Deaf Friendly

Ever wanted to learn some sign language? Or find out more about lip-reading? Now's your chance! Get to grips with some key words and become more confident at speaking with people who are deaf.

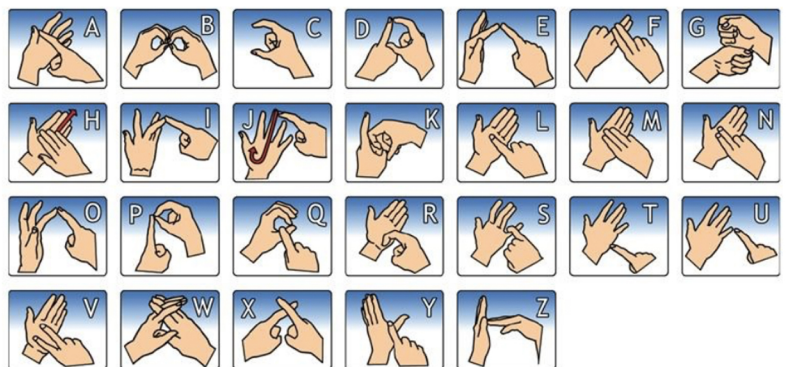
## What is British Sign Language (BSL)

British Sign Language or BSL is a sign language used in the United Kingdom, and is the first or preferred language of some deaf people in the UK.

There are 125,000 deaf adults in the UK who use BSL, plus an estimated 20,000 children. It is a different language to Makaton or American Sign Language.

There is a fingerspelling alphabet for names AND there are signed words (for making sentences with) - but when the language is signed fluently, it won't use all the words we use in English in the same order, for example "What is your name?" will become "Name - Your - What"

### BRITISH SIGN LANGUAGE - FINGERSPELLING



 [british-sign.co.uk](http://british-sign.co.uk) LEARN BRITISH SIGN LANGUAGE ONLINE AT [WWW.BRITISH-SIGN.CO.UK](http://WWW.BRITISH-SIGN.CO.UK)

Use the finger spelling alphabet to practice spelling your name. Then practice the phrases below.



**Hello**

[WWW.SIGNLANGUAGEFORUM.COM/BSL/](http://WWW.SIGNLANGUAGEFORUM.COM/BSL/)



**Goodbye**

[WWW.SIGNLANGUAGEFORUM.COM/BSL/](http://WWW.SIGNLANGUAGEFORUM.COM/BSL/)



**How Are You?**

[WWW.SIGNLANGUAGEFORUM.COM/BSL/](http://WWW.SIGNLANGUAGEFORUM.COM/BSL/)

Watch this video with 10 common phrases in BSL - [https://www.youtube.com/watch?v=6yZ\\_LjW6mSw](https://www.youtube.com/watch?v=6yZ_LjW6mSw)

Can you spot the underlined words?

- Hello
- How are you?
- Shall we take a selfie?
- What's your favourite food?
- Do you have facebook?
- Do you know how to sign?
- Do you have Snapchat?
- Do you want to go for a drink?
- Do you have twitter?

Watch this video of the Guide Promise in BSL. Have a practice and see if you can sign along.

<https://www.girlguiding.org.uk/making-guiding-happen/running-your-unit/including-all/incl uding-members-with-additional-needs/signing-the-promise/>