



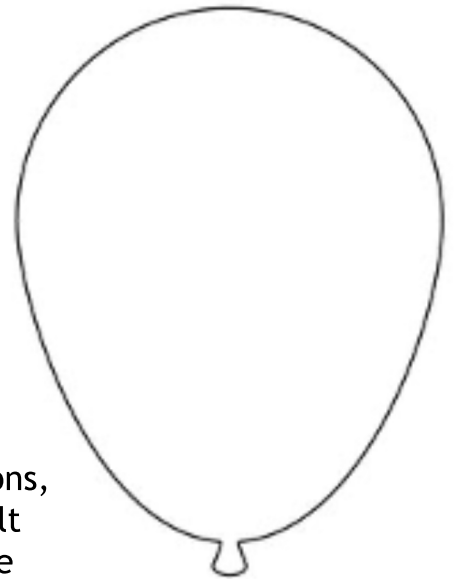
A Rainbow Adventure with Sfida Session 4

Sfida would like to start by saying a huge Well done! If you have completed the other sessions and then you complete this one, you will have successfully earned your Stage One Reflect Skills Builder.

Tradition Teamwork

There are lots of different traditions in the world. Sfida would like you to have a look at some of them. On 4 balloon shapes she would like you to draw:

- a snow flake for winter
- a sunshine for summer
- a leaf for autumn
- a flower for spring



- You will need:
- Pictures of balloons
 - Pens

Once you've drawn the symbols on the outlines of the balloons, she wants you to pick one of the seasons. Then, with an adult have a think about what traditions or celebrations take place in that time of year. For example, Christmas happens in winter. Write the answers on the balloons and take a picture and send to Sfida so she can learn all about the other traditions too. On another Balloon, Sfida would like you to draw a picture of your Rainbow Promise badge. Can you think of anything special that you enjoy doing at Rainbows?

Christmas Craft Time!

Sfida would like you to get creative. She would like you to make a decoration using brown strips of paper to create a hollow shell which you will then turn into a Reindeer bauble to hang on the tree.



- You need:
- Brown paper
 - White paper
 - Pens
 - String
 - Scissors
 - glue

Make a Christmas Card

It is important this time of year to show your family and friends that you care about them. Sfida would like you to make some Christmas cards for them using ear buds as paintbrushes.

- You need:
- coloured card
 - white paper
 - paint
 - ear buds



Post your work on Facebook so that we can let your leaders know you took part!