



A Rainbow Adventure with Sfida

Session 1

We're going on a scavenger hunt!

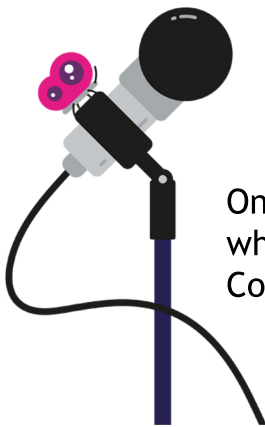
It's time to get active. Sfida is sending you on a hunt around your house. Can you find something for every colour of the Rainbow?

Red Orange Yellow Green Blue Purple

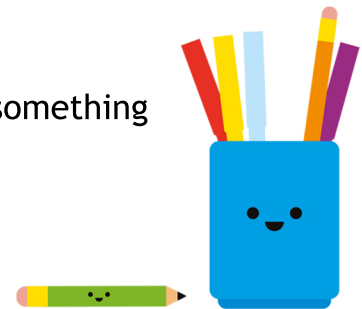


Sfida says that you are special and would like to get to know you more.

She would like to know your favourite animal, place and food. You could even tell her about your favourite clothes or hairstyle. Why not draw her a picture to show her everything that makes you special?



Can you draw her a picture of something special where you live?



Once you have drawn your picture what is your favourite song. Could you sing it for Sfida?

Tell a grown-up who or what you care about, everyone will care about different things.

Now that you have thought about what makes you special, Sfida would like you to join it all together and design a flower that shows who you are. You could even look at your favourite colours shapes and patterns for ideas to show all of the things that are special to you.

Post your work Facebook so that we can let your leaders know you took part!

