

## Create a Time Capsule for your future self

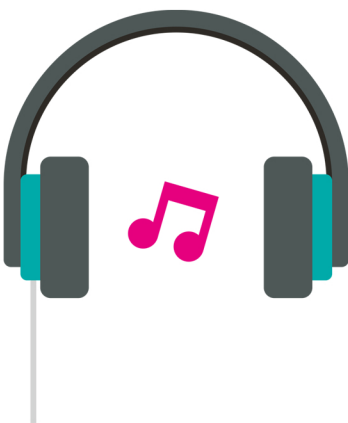
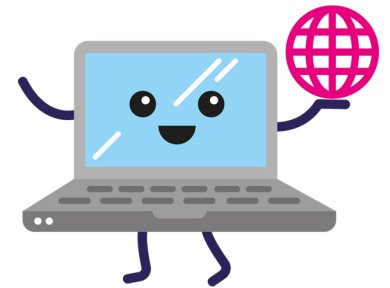


1. Take a photo of everyone who is in your house and log how they are passing their time. Are you doing school work at home? Is someone in your house working from home? Is someone spending their time watching TV? Document whatever it is for posterity. You could draw this, make a collage or write a list to go with your photos.



2. Gather up some newspaper articles or news items from online. Find any stories that you think are incredible and future you would find amazing. It could be about the measures being taken or how people's lives have adapted.

3. Write a personal letter to future you. Document your life right now - who are your friends? What is happening at school? Do you have any pets? What are your hobbies and dreams? What is your favourite song, tv show or colour? You could even include some information about your Guide Unit. You could illustrate this with drawings,



4. Take a photo of you in your Guide uniform. It's fun to look back at this in the future! Then take a photo of you in your favourite outfit. Could you get others in your house to do this too?

5. Create a moodboard, a collage, paint or draw a picture, design a piece of recycled art or create a word-cloud that represents how you feel right now.

6. Find a container to put it all in. Seal the container nice and tight and put it away somewhere safe, like the attic or a cupboard. If you can get permission to do so, you could bury it in the garden - but you need to remember where you buried it! Then you just need to wait for time to pass before you can open it in the future!



Post your work Facebook so that we can let your leaders know you took part!