





Name of	Vnifo fork snoon
Activity:	Knife, fork, spoon quick game to warm girls up at the start of/during virtual meeting
Section(s):	Quick gaine to warm girts up at the start of adming virtual infecting
UMA, Skills Builder, other?:	Other
Theme:	Know Myself Be Well Myself Myself Adventures Skills for my Future Take Action Fun
Mode of	Zoom
delivery:	
Time allowed:	Quick filler - 5 - 10 mins. depending on age group
Aim:	Remain 'in' to win
What you need:	Every participant needs a knife, a fork and a spoon ** for Rainbows these could be 'real' or picnic type in case of excitement!
What to do:	Leader counts down 3, 2, 1 then every participant holds up one piece of cutlery of their choice. Anyone matching in with the leader is out. Could get younger girls (or in our case, excitable and competitive Guides!) to put their hands on their head to remind them that they're out if necessary! When you reach the final person 'in' they become leader and take charge of the game.
Kindly shared by (unit name):	1st Blean Guides

Please attach any other resources you think are useful.