



Name of Activity:	Heads and tails <i>quick game to warm girls up at the start of/during virtual meeting or to get girls moving</i>
Section(s):	
UMA, Skills Builder, other?:	Other
Theme:	
Mode of delivery:	Zoom
Time allowed:	5-10 mins
Aim:	Remain 'in' until the end of the game
What you need:	Leader needs coin. If girls are to become leader after winning, they will also need a coin handy.
What to do:	Girls choose heads (hands on head) or tails (hands on hips) as leader tosses coin. Leader calls which side has landed face up, girls who chose that option are out for the rest of the round. Continue until you have one person left. Leadership of the game can pass to that player if time allows.
Kindly shared by (unit name):	1 st Blean Guides

Please attach any other resources you think are useful.